

Clinical Psychology Training Program

Description: The AUBMC Department of Psychiatry offers a Clinical Psychology Training Program leading to a certificate of training in clinical psychology. Students are admitted only if they intend to complete the two academic year program.

During the first year, students follow both adult and child and adolescent training. They are expected to master the diagnosis and treatment plan process. They are also initiated to individual and group psychotherapies. Notice that the first year could be considered as practicum courses within the Master's degree program.

The second year can be offered at a post-MA training level. Students choose one of two tracks: an adult or a child and adolescent track. At the end of the second year, they are expected to develop the expertise to carry out comprehensive clinical diagnoses and treatment plans, and to conduct psychotherapy.

Application Process

Second year Master's level Clinical Psychology students enrolled in Lebanese universities or abroad, are eligible to apply provided they have taken the pre-requisite courses at the graduate level. Students in doctorate programs may also apply for the training. Other requirements are an average grade of 80/100 or above, and a proficiency in Arabic and English languages.

Applications should be submitted to the department of Psychiatry, Dr. Brigitte Khoury, at bk03@aub.edu.lb. After an initial screening and verification of credentials, selected applicants will be interviewed. The first year course requirements for students with a Masters' degree or a Doctorate degree in Psychology may be waived if supported by available transcripts.

Application deadline: April 30th.

Pre-requisite courses

Graduate course in Psychopathology

Graduate course in Psychotherapy theories

Graduate course in developmental psychology

Graduate course in psychological testing and assessment

English requirement

This requirement is waived for any graduate of AUB or any other university where the language of instruction is English, or a score of 550 at least on the EEE or equivalent.

The program consists of 4 courses (one per semester), taken in sequence.
The courses are the following:

1st year:

PSYT 300 Clinical Psychology Practicum I: Immersion and Observation.

The clinical training in this course includes observation of patient interviews, and participation in clinical interviews conducted in a group format, assessment and treatment of patients from different age groups (adult, adolescents and children) and backgrounds and with a variety of presenting problems. Trainees will also be able to practice clinical interviewing and diagnoses with patients they will see. Clinical training will be under the direct supervision of qualified clinical academic faculty.

PSYT 301 Clinical Psychology Practicum II: Diagnosis and treatment plan.

The second course of the clinical training will involve direct patient contact for trainees who will be assigned a certain load of patients. They will formulate a diagnosis and establish a treatment plan based on the patient's needs. They will learn to practice in a bio-psychosocial model of treatment.

Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.

2nd year:

PSYT 302 Clinical Psychology Practicum III: Psychotherapy I

During this course, trainees will carry their own load of individual patients, which they will follow in weekly psychotherapy sessions. They will be trained in Cognitive Behavioral therapy, and Psychodynamic therapy. Introduction and training in group therapy is possible at this level with psychology interns being co-moderators within groups. Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.

PSYT 303 Clinical Psychology Practicum IV: Psychotherapy II

During this course trainees will carry their own load of individual adult or child patients, which they will follow in weekly psychotherapy sessions. They will be also participating in in-patient care of patients admitted to the Psychiatry unit as well as conducting psychological assessment and testing whenever needed.

Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.