

HBED 209 Socio-Cultural Factors in Health and Illness 3.0; 3 cr.

An introductory course on the social and behavioral theories and concepts that apply to the analysis of health-related behaviors. Emphasis is placed on core concepts relating to health and illness, and on the main models relating to the study of health behavior at the personal, familial, institutional, and cultural levels.

HBED 237 Theories and Methods of Health Education 3.0; 3 cr.

A course that introduces students to the major theories of health behavior and health promotion. Emphasis is placed on the application of health behavior theories to health promotion and education practice. *Students cannot receive credit for both HBED 237 and EDUC 237.*