Department of Health Promotion and Community Health

Chairperson:	Makhoul, Jihad J.
Associate Professors:	Afifi, Rima A.; Kabakian-Khasholian, Tamar K; Makhoul, Jihad J.
Assistant Professors:	Abdulrahim, Sawsan A.; [p]Osman, Hibah O.
Assistant Research Professor:	[+]Nakkash, Rima T.
Senior Lecturer:	[p]El Kak, Faysal H.
Lecturer:	[p]Kallash-El-Khoury, Michel R.
Instructor:	Kanj, Mayada F.
Instructor of Public Health Practice:	Ghazar Aline, H.
Associate Preceptors:	Dabaghi, Lara; Sfeir, Nadi

Departmental courses are designed to introduce students to the theory and concepts of the field of health behavior and education, with an emphasis on the socio-cultural aspects of health behavior change. The Department of Health Behavior and Education contributes courses to undergraduate programs. The department also contributes courses to and coordinates a Teaching Diploma in Health Education with the Department of Education at the Facuty of Arts and Sciences.

The department hosts the Health Education Resource Unit (HERU) which was established in 1986 to act as the service arm of the Department. HERU is a community oriented initiative that serves as a resource for health promotion for Lebanon and the Arab region by developing health education materials, training health promotion professionals, networking, and conducting service related research in response to community needs.

The following courses are offered by the Department:

HPCH 200 Global Public Health 3.0; 3 cr.
In this course, students will receive an introduction to global public health issues with special emphasis on developing countries and through the framework of liberal education. As such, students will learn basic principles of public health in ways that encourage them to become more civically responsible. This will be accomplished through readings from the sciences, social sciences, and the humanities on public health issues which influence the region. Students will be trained in the course to critically evaluate health problems, identify contributory causes, propose solutions and think about strategies to improve health.

p Part time
+ Seconded to the Center for Research on Population and Health (CRPH)

HPCH 201 Health Awareness 3.0; 3 cr.
A course that aims to increase understanding of the social dimensions of health and illness and the factors that relate to healthy living. This course tackles common health concerns as they relate to the individual, with an emphasis on prevention and wellness lifestyle behavior. This course is open to students from all faculties.

HPCH 203 Health Communication 2.2; 3 cr.
A course that provides an introduction to the assumptions we make about communication and key elements of the communication process. Factors that inhibit communication as well as some of the functions of communication as they relate to increasing positive health behavior and group effectiveness are dealt with. This course aims to enhance writing and oral presentation skills, as well as effective interaction skills with peers and supervisors at work. *Students cannot receive credit for both HPCH 203 and EDUC 238.*

HPCH 209 Socio-Cultural Factors in Health and Illness 3.0; 3 cr.
An introductory course on the social and behavioral theories and concepts that apply to the analysis of health-related behaviors. Emphasis is placed on core concepts relating to health and illness, and on the main models relating to the study of health behavior at the personal, familial, institutional, and cultural levels.

HPCH 237 Theories and Methods of Health Education 3.0; 3 cr.
A course that introduces students to the major theories of health behavior and health promotion. Emphasis is placed on the application of health behavior theories to health promotion and education practice. *Students cannot receive credit for both HPCH 237 and EDUC 237.*